

# Lent 2025 Small Groups

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## Our Featured Lent Study

**The Five Rs of Restorative Justice: A Lenten Journey of Repentance and Reflection.** Join us on Sunday mornings this Lent as we embark on a transformative study, "The Five Rs of Restorative Justice," using the Parable of the Prodigal Son as our guide. Each Sunday, we'll delve into one of the Five Rs—*Relationship, Respect, Responsibility, Repair, and Reintegration*—to gain a foundational understanding of Restorative Justice from a Christian perspective. We'll conclude this enlightening series on Palm Sunday with a special focus on *Reconciliation*. This study promises to deepen your spiritual journey and enrich your understanding of repentance and restoration within our faith community. Abi Cunningham is leading this study on Sundays at 10:15am in the Conference Room from March 9 through April 13, and she invites everyone to come and be part of this meaningful exploration to prepare our hearts for the Easter celebration. To register, contact Abi at [justabi@gmail.com](mailto:justabi@gmail.com).

## Ongoing Groups You Can Join for Lent

**Balance & Fitness for Older Adults.** Improve your balance, strength, and confidence in this fun and supportive class designed for older adults! Through gentle exercises, stretching, and movement drills, you'll enhance stability, reduce fall risk, and boost mobility for everyday activities. This class is designed for beginner to moderate fitness levels and focuses on safe, effective techniques to keep you feeling strong and steady. Come move with us on Mondays from 6:30-7:15pm in Fellowship Hall! Sign up below to register or drop in any Monday evening!

**Books and Brews: *Dangerous Jesus*.** The Books and Brews Group continues its study of *Dangerous Jesus* with monthly Sunday evening meetings at 6pm at local brewpubs such as Westminster Brewing or Wonderland. In *Dangerous Jesus*, Kevin "KB" Burgess — award-winning rapper, podcaster, and international speaker — boldly looks to the gospels to reintroduce us to the true Jesus, the one who poses a living threat to the status quo. From the moment He arrived on the scene, Jesus posed a threat to the unjust, a threat to the oppressors, and a threat to every semblance of authority wielded by the kingdom of darkness. He invaded the world with love for the forgotten, hope for the hopeless, and freedom for the bound. His ideas were disruptive, subversive, and scandalous to the world around Him. The book is available for \$19 from the literature rack in the Sanctuary Lobby. To join and receive text notifications for monthly meetings, contact Darren Duplechin at [duplech@msn.com](mailto:duplech@msn.com).

**Boomer-Zoomer Coffee Club.** The Boomer-Zoomer Coffee Club meets monthly on Zoom on each first Thursday at 10am for a lively session featuring an exercise or guided meditation, an informative presentation on a subject of interest to seniors, and time for fellowship and informative discussion in breakout groups. The March online meeting is set for March 6, and April's meeting will be in-person in the Fellowship Hall. Join us on April 6 for a Tea Party and enjoy conversation over delicious refreshments! To receive notifications for the monthly meetings, contact Thomas Cross at [thomas.cross@broomfieldumc.org](mailto:thomas.cross@broomfieldumc.org).

**Broomfield Writers Collective.** The Broomfield Writers Collective has a new format based upon the input and suggestions of participants. Now you can join this dynamic group and hone your craft with other writers! The February 25 meeting will begin with 15 minutes of free writing after a brief introduction with writing prompts. Afterwards, everyone will have the opportunity to share what we wrote and discuss what we learned. The March 25 meeting will be devoted to discussing two featured essays from group members. Writers will introduce and distribute their pieces to the group and time will be provided to read and write comments. Afterwards, you can share your comments and discuss the selected piece. This meeting will close with a short survey about the new format of the group. If you love writing, come join the fun on the fourth Tuesday of each month, 6:30 - 8:00 pm in the Conference Room (202). To be included on the reminder email list, contact Thomas Cross at [thomas.cross@broomfieldumc.org](mailto:thomas.cross@broomfieldumc.org). All writers are welcome!

**The Chosen Bible Study.** Are you watching *The Chosen*? If you are, consider joining *The Chosen* Bible Study on the first Monday of each month at 6:30pm in Room 203. The group meets to discuss an episode of this fascinating series about Jesus and his disciples. Members of the group watch the episode at home before the session. The group is currently in Season Two. The March 3 focus will be Episode 6, "Unlawful," and the April 7 focus will be, Episode 7, "Reckoning." The study guide, *Hope for the Lost*, is available for \$10 upon request. You're welcome to join the group anytime, so contact Thomas Cross at 720-880-5221 or [thomas.cross@broomfieldumc.org](mailto:thomas.cross@broomfieldumc.org) to participate!

**Faith Links: The Lord's Prayer.** Faith Links will start a new, six-week video study in March. If this is a topic that interests you, drop in, we'd love to have you join the discussion. The new series, featuring Adam Hamilton, is *The Lord's Prayer: The Meaning and Power of the Prayer Jesus Taught*. Most Christians know the Lord's Prayer by heart. We pray it often, at different times and in different settings. We remember it as the prayer that Jesus taught his disciples. But do we really understand and appreciate the meaning and power of its words, what we ask of God each time we pray it? When the disciples asked Jesus how to pray, Jesus gave them this prayer. He likely taught it to his followers often, not just one time. He never intended the Lord's Prayer to be a museum piece, framed and placed on a mantel or in a display case. It was Jesus teaching God's people, through his disciples, how to pray. In *The Lord's Prayer: The Meaning and Power of the Prayer Jesus Taught*, pastor and bestselling author Adam Hamilton guides us to really know—and pray—the Lord's Prayer. He explores each of its rich lines and their meaning in the Bible, illuminating what we ask of God and what we ask of ourselves through its words. And he teaches us how to use it as a pattern for our own prayer life. The optional book is \$13. Faith Links meets Sundays at 10:15am in Room 203 and welcomes you to participate! Drop in anytime or sign up below to register!

**Friday Friends: Perfectly Flawed.** Friday Friends is a group of women who meet each Friday to learn and share their lives in supportive fellowship. Their current study focuses upon the apostle Peter. His passion and imperfections make him one of the Bible's most loved and relatable people. Even when Peter gave up, gave in, and gave out, Jesus was there for him. Join Lisa Toney as she follows Peter through his time with Jesus, from the beginning of Jesus's ministry to the Resurrection and through Pentecost, when Peter begins to live into his call. Along the way, discover the raw honesty of a man who veered from staunch devotion to moments of doubt, mirroring our own human struggles. In Lisa Toney's six-week Bible study *Perfectly Flawed*, we see that there is an unparalleled power Jesus gives that can only be found in our weakness. We discover the strength of Jesus that is available to each of us. Learn to persevere in your faith, live confidently, and boldly step into God's purpose for you. See how Peter's story is an invitation to embrace imperfection, find strength in the relentless grace of God, and discover how each one of us is perfectly flawed but still deeply loved by God. The participant workbook, which is available for \$14, includes five daily readings for each week, combining the study of Scripture with personal reflection, application, and prayer. Friday Friends meets weekly at 9:30am in Room 203. Contact Vicki Cromarty at [vicki.cromarty@broomfieldumc.org](mailto:vicki.cromarty@broomfieldumc.org) or 720-880-5227.

**God's Men: Acts.** In March, God's Men begins a new study of *Acts: Catching Up with the Spirit*, by Matthew Skinner. The Acts of the Apostles is a unique and crucial book that chronicles the story of God's grace flooding out to the world through the lives of the apostles in the decades immediately following Christ's ascension into heaven. In his study, biblical scholar Matthew Skinner provides a broad yet theologically attuned introduction to this important book and its message of fulfilling the Great Commission. Skinner explores six key themes that illustrate the ways in which reading Acts is capable of igniting our imagination about the character of the Christian Gospel, the work of God's people (the church), and the challenges of living faithfully in a complex and changing world. The six-session DVD features Matthew Skinner guiding participants through the study. The video sessions are approximately 10-12 minutes in length and, when combined with the six book chapters, make an ideal six-week group study. The book which accompanies is available for \$9. God's Men meets on Wednesdays at 8:30am in Room 201. Contact Harvey Burns at [harvcburns@gmail.com](mailto:harvcburns@gmail.com) to register or drop in any Wednesday!

**Homebuilders: The Final Days.** This Lent, Homebuilders will be pondering the themes of justice, poverty, freedom, and love as found in the four Gospels, using Matt Rawle's new book and video series, *The Final Days*. The four New Testament Gospels aren't the same story, but they offer the same Resurrection hope. Matthew, Mark, Luke, and John devote most of their story detailing Jesus' last week in Jerusalem, all highlighting Jesus' triumphant entry into the city, the suffering and

humiliation of the cross, and the empty tomb come Sunday morning, but the stories they tell aren't quite the same. Each Gospel offers a different lens through which we understand Jesus' Passion. One portrait reveals Jesus to be in control, while another emphasizes his suffering. In one story Jesus offers hope to the thief on the cross, and in another Jesus only receives derision. These different perspectives aren't a reason to dismiss the Gospels; rather they reveal an abundant, diverse, and complementary picture of God's work in the suffering, death, and resurrection of Jesus. Homebuilders will explore these Gospel accounts of Christ's final days during the Sundays of Lent, March 9 - April 13. The group meets on Sundays at 10:15am in Room 106 and new members are welcome! The book is available for \$13.50. Contact Doug Demmel at [demmeldoug@msn.com](mailto:demmeldoug@msn.com) to register or drop in any Sunday!

**Online Bible Study.** Bob Yudnich hosts a Zoom-only Bible Study that meets on Wednesdays at 7pm for approximately 75 minutes. Typically, this group studies one chapter a week of the Bible. In addition to the Bible Study, members watch YouTube videos on subjects that support the Bible such as archaeological videos of discoveries of Biblical artifacts like the Dead Sea Scrolls or the Cyrus Cylinder. The group also explores videos that show scientific discoveries that point to the hand of God creating the Universe, such as lectures by Dr. Hugh Ross. The group has also viewed John Burke's videos of Near-Death Experiences (NDE), with interviews of people who died (some who talked about meeting Jesus in Heaven) and doctors who brought them back. Other topics include videos such as One for Israel, featuring Jews living in Israel who have converted from the Jewish to Christian religion and now are Messianic Jews. If you have a curious mind and love to learn about what God's work in history and the present day, contact Bob Yudnich at [ryudnich@yahoo.com](mailto:ryudnich@yahoo.com) to receive reminders and the Zoom link.

**Tuesday Good News Group: Luke.** The Tuesday Good News Group has a special Lent study planned on *Luke: Jesus and the Outsiders, Outcasts, and Outlaws*, using the new book by Adam Hamilton. Jesus came to lift up the lowly. Throughout his ministry to his final days on the road to the cross, we find stories of his relationships with ordinary, flawed, and unexpected people. He met, dined, and traveled with people who were not perfect. Many of them were struggling, some were outsiders or even outlaws. In all cases, from those he healed to the outlaws with him at his crucifixion, Jesus brought the good news of God's kingdom to those who most needed to hear it. In *Luke: Jesus and the Outsiders, Outcasts, and Outlaws*, pastor and bestselling author Adam Hamilton explores the life, teachings, death, and resurrection of Jesus as told in the Gospel of Luke. Through Luke's stories we find Jesus' care and compassion for all as he welcomes sinners and outcasts. The book is available for \$15 on the Sanctuary Lobby literature rack. This new series begins on March 11, meeting Tuesdays at 2pm in the Conference Room, through April 15. This group is open to all adults; contact Thomas Cross at 720-880-5221 to participate!

**Tuesday Morning Glories: Luke.** The Tuesday Morning Glories Women's Bible Study Group will be studying *Luke, Jesus and the Outsiders, Outcasts, and Outlaws*, by Adam Hamilton this Lenten season, utilizing a DVD and participant book. The group will meet Tuesdays from March 11 through April 15, 9:30 - 11:00am in Room 201. This study will show how Jesus came to lift-up the lowly. Throughout his ministry to his final days on the road to the cross, we find stories of his relationships with ordinary, flawed, and unexpected people. He met, dined, and traveled with people who were not perfect. Many of them were struggling, some were outsiders or even outlaws. Whoever they were, from those he healed to the outlaws with him at his crucifixion, Jesus brought the good news of God's kingdom to those who most needed to hear it. Pastor and bestselling author Adam Hamilton explores the life, teachings, death, and resurrection of Jesus as told in the Gospel of Luke. Through Luke's stories we find Jesus' care and compassion for all as he welcomes sinners and outcasts. As we study Luke and see Jesus' concern for those who were considered unimportant, we hear a hopeful and inspiring word for our lives today. Please contact Elaine Batten at [battenco@outlook.com](mailto:battenco@outlook.com) or 303-641-7011 for additional information and to obtain a book (\$15). All women are welcome!

**Yoga Class:** This is an all-level contemplative yoga class that incorporates physical movement, breathing, and meditations from the Scripture in a warm and supportive atmosphere. Sessions are on Thursday evenings, 6:30 - 7:30pm, in the Family Life Center. The suggested donation is \$10 per session. People of all ability levels are welcome to participate. Drop-ins are also welcome. To register and receive all the details, please contact Amy Foster at [amygfoster@gmail.com](mailto:amygfoster@gmail.com).