

Summer Small Groups

Broomfield United Methodist Church

The relaxed pace of summer makes it a wonderful time to get involved in a Small Group, so check out all the offerings and contact the group leader to register! Questions? Call Thomas Cross at 720-880-5221.

Books and Brews. Books and Brews is an informal group that meets throughout the year. The group selects a Christian book and discusses it over multiple sessions at local breweries. This group is open to individuals and couples who enjoy learning and fellowship in a relaxed setting. Meetings take place on select Sundays at 6 p.m. Contact Darren Duplechin at duplech@msn.com or 303-898-4610 to learn about the current study and to get on the text reminder list for upcoming gatherings!

Faith Links. Faith Links is a dynamic Sunday morning group which studies a variety of spiritual topics, including Christian books, video studies, and current events. Their goal is to link faith with daily life. This summer's study is a classic book, *The Gifts of Imperfection*, by Brene Brown. If you enjoy learning, open conversation, and growing in your faith, give Faith Links a try this summer! The group meets on Sundays at 10:15 a.m. in Room 203 during Community Time (no meeting on June 9) throughout the year, and you are welcome anytime. Drop in on Sunday or contact Shelley Stanley at bumcfaithlinks@gmail.com for more information.

Family Night!

Family Night is Tuesdays starting July 2.

Check out the next page for all the details!

New! Family Night. All families are invited to come enjoy Taco Tuesday themed dinners every Tuesday night in the fellowship hall from 6:30 to 8:00 p.m. After dinner, childcare will be provided in the youth room while adults have time to connect and study God's Word. The goal of this group is to create a place of support, socialization, and fun for the whole family. This will be a potluck style meal (with people taking turns bringing different taco bar items) and there is a suggested \$5 donation per family to help pay for child care. We hope your family can make it! Please contact Amy Foster at amygfoster@gmail.com if you plan to participate and let her know the number and ages of your children. The first Family Night, which will be catered, is coming up on July 2, and all families are welcome!

God's Men Breakfasts. God's Men, the Wednesday morning Bible study, is changing pace for the summer. Several members of the group will host breakfast gatherings with good food and fellowship. God's Men welcomes new men who would like to get acquainted and enjoy breakfast this summer! The group will meet at 9 a.m. on three Wednesdays: June 12 at the home of Evan Pearson, July 10 at the home of Harvey Burns, and August 21 at the home of Jim Garcia (please bring a \$5 donation for the host to cover food costs). To receive details about meeting locations and join in the fellowship, contact Harvey Burns at 303-594-9618 or harvcburns@gmail.com. All men are welcome!

Misunderstood God Group. The Misunderstood God Group is continuing their study of Thomas Merton's *New Seeds of Contemplation* over the summer. You can join this lively group anytime, and meetings are the first and third Tuesdays at 6:30 p.m. (except for June, when meetings will be on June 11 & 25). Contact Thomas Cross at thomas.cross@broomfieldumc.org or 720-880-5221 if you'd like to participate and receive meeting notifications!

Saturday Men's Bible Study. Are you ready to go deeper in your study of the Bible? If you are looking for in-depth Bible study, as well as prayer and fellowship with other men, give the Saturday Men's Bible Study a try! The

group meets from 7:00 - 9:30 a.m. every Saturday in Room 203, and this summer's focus is Psalms. All men are welcome! Drop in any Saturday or contact Mike Young at 303-909-4934 or mejlyoung@comcast.net for details!

Senior Fitness and Balance Class. The purpose of this class is to reduce pain and improve strength and endurance for older adults. Fall prevention, mobility, and stability will be major focuses of the class, but we also cater to individual goals for those who wish to expand their scope. This is an easy/beginner-level class with ability to modify as necessary. All fitness equipment will be provided. This class is led by Kim Gilmour who has an MSC in sport and exercise science and experience teaching balance and functional fitness for seniors. The class meets on Mondays, 6:30 - 7:15 p.m. throughout the year and all seniors are welcome to attend! Drop in anytime or contact Kim at k.a.gilmour@gmail.com for more information.

Summer Bible Study: 1-2 Thessalonians. The New Testament is a fascinating library of books written over some five decades. The first book written, 1 Thessalonians, provides a rich picture of Christian beliefs and life some 15 years before the first Gospel was written. Join Thomas Cross for an exploration of Paul's first letter, as well as 2 Thessalonians, a follow-up written to correct a misunderstanding. The first session will focus on historical background about St. Paul and Thessalonica. Future sessions will utilize the *N. T. Wright for Everyone Bible Study Guide* on these two letters. The study guide is available for \$10 on the literature rack and includes reading assignments and questions for each session. The group will meet on Monday evenings at 6:30 p.m. in the Conference Room, starting on July 1. Subsequent meeting dates are July 8, 15, & 22; August 5, 12, 19 & 26; and September 9. To participate in the Bible study this summer, contact Thomas Cross at thomas.cross@broomfieldumc.org or 720-880-5221. This group is open to all who want to understand Paul and the early church more deeply!

Women's Book Club. The Women's Book Club is a casual group of about a dozen women who meet each month to discuss the month's selected book.

The reads are primarily fiction and historical fiction, with occasional nonfiction thrown into the mix. Books are chosen by the group by January 1st for the year. An effort is made to select books available in libraries or in paperback to keep costs down, it is not required that you buy each book. We are a very "come as you are" group, no food nor drink served (you can b.y.o. If desired), no need to dress up! You do not need to commit to being present every month, just show up as you are able. We are a group of avid readers, so if you enjoy the camaraderie of expanding your literary horizons and making new friends, join in the fun! The group meets on the fourth Thursday evening of each month, 7:00 - 8:30 p.m. in the Conference Room, and all women are welcome. Upcoming titles include *A Walk in the Woods: Rediscovering America on the Appalachian Trail* on May 23; *Caste*, by Isabel Wilkerson on June 27; *Iona Iverson's Rules for Commuting*, by Clare Pooley on July 25; and *The Seven Husbands of Evelyn Hugo* on August 22. Contact Alice Potter at alicepotter92@gmail.com for information and updates!

Yoga Class. Are you looking for a Yoga Class? This summer, Amy Foster is leading a contemplative Yoga Class that includes meditations from the Scriptures in a warm and supportive atmosphere. Sessions will be on Thursday evenings, 6:30 - 7:30 p.m. in the Family Life Center, starting on June 20. People of all ability levels are welcome to participate. To register and receive all the details, please contact Amy Foster at amygfoster@gmail.com.

Young Professionals Group. The Young Professionals small group is a space for people in their 20's and 30's to grow together in faith and support one another in community. We strive to create a space where all are welcome and feel like they belong. We want you here! We meet weekly on Sundays at 10:15 a.m. during Community Time in Room 101 (downstairs) for focused discussion (no meeting June 9), and we also plan one or two social outings per month to grow closer together (e.g. hiking, festivals, restaurants, movies, games). Reach out to Jacob & JoAnna Pawlik at 828-461-8022 or pawlikjt@gmail.com to get involved and receive updates of activities!