

Small Groups 2024

Broomfield UMC offers a wide range of short-term and ongoing Small Groups. New studies are starting in January and February, so check out these interesting opportunities. To see all the ongoing groups you can join, check out www.broomfieldumc.org/adult-small-group as well!

The Chosen Bible Study. *The Chosen* is a dramatic video series that presents of the story of Jesus and his disciples in a robust, realistic fashion. Thomas Cross is launching a new Small Group on *The Chosen*, which begins February 5 on select Monday evenings at 6:30 p.m. in Room 203, meeting once or twice per month. For the spring group, participants will watch an episode of *The Chosen* in advance on their favorite streaming platform, starting with the first episode, and we will discuss what we learned when we meet. A study guide for Season One, *Water for the Thirsty*, available for \$6, is recommended and will shape our discussions. Additional meeting dates are March 4 & 18, April 15 & 29, May 20, and June 3. To register, contact Thomas Cross at 720-880-5221 or Thomas.cross@broomfieldumc.org.

Enneagram Essentials Discovery Group. *"You helped me get a glimpse of my true self and to have a place where I can BE that true self and find acceptance."* These are some of the sentiments shared by participants from the most recent Enneagram Essentials Discovery Group. Would you like to begin 2024 experiencing this kind of discovery, understanding, self-acceptance, belonging, and awareness for yourself? Register for this free, in-depth introductory exploration of the Enneagram, a modality of awareness that helps us compassionately understand WHY we do the things we do (*or don't, though we want to!*) and HOW we can intentionally choose to respond to life from our true home of Divine Union. The dedicated learning environment will allow us to curate a safe space to learn from each others' diverse perspectives and life experiences. Join us to learn how YOU can experience balance, wholeness, healing, authentic connection, transformation, and freedom! Your presence will make us whole! Join Calley Welborn every Tuesday 6:00-8:30 p.m. from January 9 - March 5, 2024 in Room 106 at Broomfield UMC. Attendance at the first 2-3 sessions is really vital for group cohesion and for the basis of understanding that all other sessions will build from! To register, please contact Calley Welborn calley@undercurrent.life by January 8!

Divorce Care. Divorce Care is a safe place where caring people come alongside you as you find healing from the pain of separation or divorce. In this 13-week, video-based support group, you will find helpful counsel to manage the emotional turmoil, as well practical tools for decision-making. This group, facilitated by Shahni Shirazi, will be offered on Thursdays, January 4 - March 28, 5:30-6:30 p.m. in Room 101 downstairs. To register, contact Shahni at sshirazi4@gmail.com.

God's Men. God's Men meet for Bible study, coffee, and a light breakfast, and good conversation, on Wednesday mornings at 8 a.m. in Room 201. These men also support and pray for each other through the challenges of life. God's Men will begin the New Year by reading and discussing Max Lucado's new book, *Help Is Here*. The Bible makes more than a hundred references to the Holy Spirit, and Jesus says more about the Spirit than he does about the church, marriage, finances, and

the future. But do we really know the Spirit? In *Help Is Here*, Max will give you the tools and encouragement you need to walk by the Spirit. *Help Is Here* reminds us that our Good Shepherd doesn't just feed us; he leads us. He does more than correct us; he directs us. God keeps us on track--and best of all, he's commissioned the Holy Spirit to guide us down the winding roads of life, wherever they may lead us. God's Men invite you to join them in this informative, helpful study starting January 3! Copies of the book are available for \$18. To register, contact Harvey Burns at 303-594-9618 or drop in any Wednesday!

Men's Small Groups

God's Men: Wednesdays at 8 a.m. with coffee and light breakfast in Room 201
Bible, video, and book studies (New Study: *Help Is Here*, by Max Lucado)
Leader: Harvey Burns, harvcburns@gmail.com, 303-594-9618

Monday Night Men: Second and fourth Mondays at 6:30 p.m. in Room 203
Book and Bible studies (Current Study: *Christ & Culture*, by H.R. Niebuhr)
Leader: Thomas Cross, Thomas.cross@broomfieldumc.org, 720-880-5221

Saturday Men's Bible Study: Saturdays at 7 a.m. in Room 203
Expository Bible study (Current Study: The Book of Revelation)
Leader: Mike Young, mejyoung@comcast.net, 303-909-4834

Theology on Tap for Men: Monthly on Mondays or Tuesdays, 6 p.m. at local pubs
Informal conversation and discussion of a short essay on a theological topic
Leader: Thomas Cross, Thomas.cross@broomfieldumc.org, 720-880-5221

Misunderstood God Group: *New Seeds of Contemplation*. Starting in January, the Misunderstood God Group will read and discuss Thomas Merton's spiritual classic, *New Seeds of Contemplation*. This book of 40-plus essays, written by the famous Trappist monk, explores a wide range of theological topics, centered upon the theme of contemplation. Merton was known for his attentive presence, his social engagement, and his compelling speeches, and these essays reflect his ranging interests. Yet the foundational theme of his book is living a meditative, contemplative life in God's presence - being fully alive. The Misunderstood God Group will explore this fascinating book in our January - May sessions, discussing approximately four short essays per session. This new series begins on January 2, meeting on the first and third Tuesdays, 6:30 p.m. in Room 203. The Misunderstood God welcomes you and copies of the book are available for \$13. To register, contact Thomas Cross at 720-880-5221 or Thomas.cross@broomfieldumc.org.

Sunday Morning Small Groups - 10:15 a.m. Weekly

All Sunday morning groups invite you to drop in and join them any Sunday!

Connections Group: Bible and Video Studies, Current Issues, Room 201
Leader: Bob Vaughan, Bobjvaughan@yahoo.com, 303-243-4014

Faith Links: Bible and Video Studies, Mission and Service Projects, Room 203

Leader: Shelley Stanley, BUMCFaithLinks@gmail.com, and Margaret Garcia

Homebuilders: Bible Studies, Social and Fellowship Gatherings, Room 106

Leader: Doug Demmel, demmeldoug@msn.com, 720-841-8794

Young Professionals: Bible Studies, Social and Fellowship Gatherings, Room 101

Leader: Jacob Pawlik, pawlikjt@gmail.com, 828-461-8022

Thursday New Testament Group. The New Testament is a fascinating library of books written over some five decades. The first book written, 1 Thessalonians, provides a rich picture of Christian beliefs and life some 15 years before the first Gospel was written. Join Thomas Cross for an exploration of Paul's first letter, as well as 2 Thessalonians, a follow-up written to correct a misunderstanding. The group's introductory session will provide historical context, and subsequent sessions will utilize the *N. T. Wright for Everyone Bible Study Guide*. The study guide is available for \$9 and includes reading assignments and questions for each session. The group will meet on the first and third Thursdays at 10:30 a.m. in Room 201, starting on January 18. The winter-spring session concludes May on 16. To join, contact Thomas Cross at 720-880-5221 or Thomas.cross@broomfieldumc.org. This group is open to all adults who want to understand the New Testament, its primary themes, and the early church more deeply. The study guide is available for \$10 from the literature rack in the Sanctuary lobby.

Tuesday Good News Group: *Founding Faith*. The faith of the Founding Fathers has become a controversial topic, yet their story is fascinating one. The Tuesday Good News Group will explore this history with Steven Waldman's book, *Founding Faith*. With refreshing objectivity, Waldman narrates the real story of how our nation's Founders forged a new approach to religious liberty, a revolutionary formula that promoted faith . . . by leaving it alone. This fast-paced narrative begins with earlier settlers' stunningly unsuccessful efforts to create a Christian paradise, and concludes with the presidencies of Washington, Adams, Jefferson, and Madison, during which the men who had devised lofty principles regarding the proper relationship between church and state struggled to practice what they'd preached. We see how religion helped cause, and fuel, the Revolutionary War, and how the surprising alliance between Enlightenment philosophers such as Jefferson and Madison and evangelical Christians resulted in separation of church and state. As the drama unfolds, *Founding Faith* vividly describes the religious development of five Founders. Join the Tuesday Good News Group for this fascinating study on Tuesdays at 2 p.m. in the Conference Room, January 9 - February 20. To participate and obtain a book, contact Thomas Cross at Thomas.cross@broomfieldumc.org or 720-880-5221. The Tuesday Good News Group welcomes you!

Tuesday Morning Glories. The Tuesday Morning Glories Small Group will be studying the book *Sitting at the Feet of Rabbi Jesus: How the Jewishness of Jesus Can Transform Your Faith*, by Ann Spangler and Lois Tverberg. This book will take you on a tour of the Jewish world of Jesus, offering inspirational insights that can transform your faith. You will hear the parables as they must have sounded to first-century Jews, powerful and surprising. You will gain a fresh perspective as the

events of Jesus's life unfold, and you will emerge with new excitement about the roots of the Christian faith. The group meets on Tuesday mornings from 9:30 to 11:00 in room 201 at the church beginning on January 9th. To obtain additional information or to order a book, please contact Elaine Batten at battenco@outlook.com or 303-641-7011. All women are welcome!

Wesleyan Christian Discipleship. The United Methodist Church comes out of the discipleship movement started by John and Charles Wesley in the 18th century in Great Britain. The Wesleys believed that following Jesus is a way of life, and their approach has stood the test of time. Wesleyan Christian Discipleship is a five-session course to introduce you to this way of life. The group will meet monthly on the fourth Sunday at 10:15 a.m. to explore the background and facets of Wesleyan Discipleship. If you're new to the Christian faith or the United Methodist Church, this course is a great way to learn and grow in your faith! Join Thomas Cross on fourth Sundays, January 28 – May 26. Here is an overview of topics to be covered. Session 1: The Wesleys in the Protestant lineage of grace through faith and the three simple rules they taught. Session 2: Abiding in Christ through spiritual disciplines and bearing spiritual fruit. Session 3: Basic Wesleyan and Methodist beliefs. Session 4: Devotional Bible reading and prayer. Session 5: Tools for in-depth Bible study. Contact Thomas Cross at 720-880-5221 or Thomas.cross@broomfieldumc.org to register!

Yoga Class. Join Mia Pierce Yoga Class on Tuesdays at 10:00 a.m., in Room 101, January 16 - April 2. Mia enjoys teaching a slow yoga flow class, bringing breath and movement in to alignment to create a sense of balance, ease, and relaxation. The class will be 45 minutes of flow, and 15 minutes of yin poses- restorative poses that are held longer to release tight areas in the body. Please bring to class: yoga mat, small pillow(s) and a blanket, and yoga blocks (if you have them). This is a drop-in class, so you are welcome to any session, or you may text Mia at 303-995-3780; or send her an email at miapierce124@gmail.com. Welcome!